

# CentraCare Health 2014 Annual Report

The image is a collage of newspaper clippings from the St. Cloud Times and the Star Tribune, dated June 2008. It includes several headlines and articles. One article discusses the retirement of Terry Pladson as CEO of CentraCare. Another article highlights the opening of St. Cloud Hospital's OB Triage Unit, featuring a photograph of a registered nurse showing off one of six private rooms. A third article shows a group of CentraCare employees participating in a campaign, with a photo of them gathered around a table. The collage also includes a small sidebar about the hospital's new OB unit.

# CentraCare Health facility locations

## Core Values

**Patient Centered:** Serving patients above all.

**Integrity:** Adhering to honest and ethical practices.

**Collaboration:** Working jointly with others to improve health and health care.

**Compassion:** Serving all who seek our care with kindness, dignity and respect.

**Stewardship:** Ensuring responsible use of all resources to best serve our communities.



**Alexandria** - dialysis, radiation oncology

**Becker** - clinic, pharmacy

**Belgrade** - clinic

**Big Lake** - clinic, dialysis

**Brainerd** - dialysis

**Cambridge** - dialysis

**Cold Spring** - clinic

**Eagle Bend** - clinic

**Eden Valley** - clinic

**Litchfield** - dialysis

**Little Falls** - dialysis

**Long Prairie** - hospital, clinic, long-term care

**Melrose** - hospital, clinic, senior housing, long-term care

**Monticello** - hospital, clinic, senior housing, long-term care

**Paynesville** - hospital, clinic, senior housing, long-term care

**Princeton** - dialysis

**Richmond** - clinic

**Sauk Centre** - hospital, clinic, senior housing, long-term care

**Staples** - dialysis

**St. Cloud** - hospital, clinic, dialysis, pharmacy,  
senior housing, long-term care

**St. Joseph** - clinic

## Mission

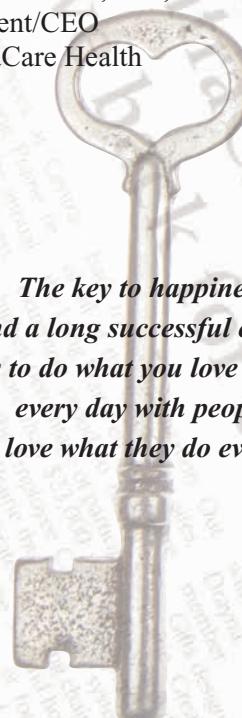
CentraCare Health works to improve the health of every patient, every day.

## Vision

CentraCare Health will be the leader in Minnesota for quality, safety, service and value.



**Terry Pladson, MD, MBA, FACPE**  
President/CEO  
CentraCare Health



*The key to happiness  
and a long successful career  
is to do what you love to do  
every day with people  
who love what they do every day.*

## Retiring president values collaboration

It has been a joy and privilege to practice medicine in the St. Cloud community — and I am proud to end my career at the end of 2014 as the chief executive officer of CentraCare Health.

I joined the St. Cloud Hospital medical staff in 1975, moonlighting in the emergency room while I was an Internal Medicine resident in training at the University of Minnesota.

After I completed a Fellowship in Pulmonary Disease in 1978, my wife, Sue, and I and our two daughters moved back to St. Cloud to be close to family and friends as we both had graduated from Tech High School. I joined Tom Luby, MD. Our practice grew from two to six physicians and then merged with the St. Cloud Internists in 1985 to form the St. Cloud Clinic of Internal Medicine. My medical practice included Internal Medicine, Pulmonary Disease and Critical Care Medicine. I was the president of the St. Cloud Clinic of Internal Medicine from 1990-95. Our clinic merged with St. Cloud Hospital to form CentraCare Health System in 1995.

I began my career in management with an initial half-time commitment to the role of CentraCare Clinic president and CentraCare Health System co-president along with John Frobenius, who was the St. Cloud Hospital president and CentraCare Health System co-president. Our organization grew substantially over the next seven and one-half years and by the time John retired in December 2002, I had stopped clinical practice. I became the sole president and CEO of CentraCare Health System.

Since its formation, CentraCare has valued collaboration. We have looked for opportunities to partner with regional clinics, hospitals and long-term care facilities. We have formed many joint ventures and expanded clinical programs well into the 12 counties surrounding St. Cloud.

I have been honored to work with great physicians, executives, staff and volunteers, including the community members who serve on our boards of directors. No important decision or strategic initiative has been accomplished without strong support from the many talented, intelligent and dedicated people throughout our organization.

I know that I will miss the people with whom I have worked, most notably my former patients. I wish all of Central Minnesota health and prosperity in the years ahead.

Thank you.

A handwritten signature in black ink that reads "Terry Pladson".

**Terry Pladson, MD, MBA, FACPE**  
President/CEO  
CentraCare Health

**CentraCare gets grant  
to expand health care**



**David Tilstra, MD**  
CentraCare Clinic President

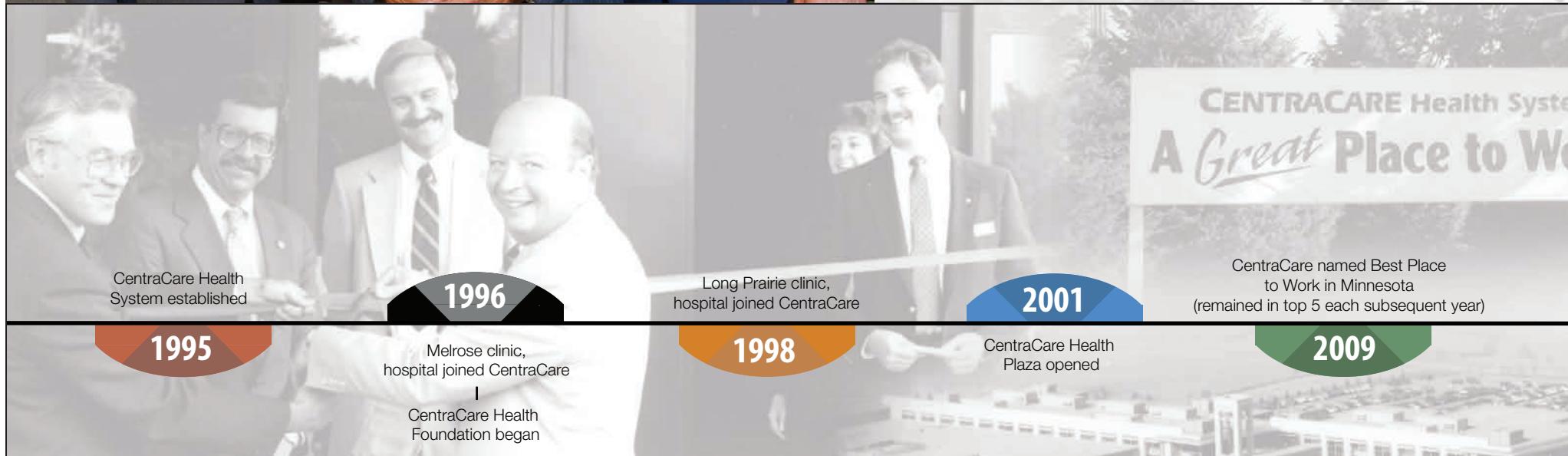
**Terry Pladson, MD, MBA, FACPE**  
President/CEO  
CentraCare Health

**Craig Broman, MHA, FACHE**  
CentraCare Hospitals President

## Growth. Challenges. Change.

These three words come to mind as we reflect on fiscal year 2014 and the whirlwind of activity in the first few months of fiscal year 2015.

Paynesville Area Health Care System joined CentraCare Health, bringing five clinics, one hospital, a long-term care facility, senior housing — and more than 360 employees — into the CentraCare family. We opened the CentraCare Urgency Center, launched CentraCare *eClinic*, started a Tele-Stroke program and recruited 35 physicians to the communities we serve. We have increased our focus on community wellness and named Janet Handrigan, MD, as medical director for health and wellness. We remodeled and reopened CentraCare Health – Monticello’s Birth Center, opened a new Endoscopy unit at St. Cloud Hospital, opened the Washburne Court assisted living apartments in Paynesville — and announced plans to build a resort-style senior living campus in Sartell.



Employees and providers have:

- collaborated on numerous quality improvement projects
- improved the patient experience
- implemented \$11.5 million worth of cost-saving initiatives
- integrated a variety of support services across all CentraCare sites

CentraCare Health has nimbly adapted to the challenges of the ever-changing United States health care system. We have begun developing “Population Health” systems that will enable us to address the needs of specific groups of patients.

And there were a couple of major announcements: the upcoming retirement of CentraCare Health President Terry Pladson, MD, and the selection of his successor, Kenneth Holmen, MD, who will start in January 2015.

We salute Dr. Pladson for his unflagging commitment to patients, his strong support of employees, physicians and volunteers, and his leadership.

CentraCare Health is striving to be the leader in Minnesota for quality, safety, service and value. That's a tall order. But we're up to the challenge — because you and your families deserve the best!



**Craig Broman, MHA, FACHE**  
CentraCare Hospitals President



**David Tilstra, MD**  
CentraCare Clinic President





David (left) and Baron Van Heel are grateful for the life-saving care David received after suffering cardiac arrest on Jan. 1, 2014.

David and Baron and their custom-made “Manhattan.” The Van Heel duo stretched a TransAm body three feet with fiberglass. “There’s not much left of the TransAm,” David said. “There’s the engine and the dash, but the trunk hinges are Jaguar, and the flying lady is Cadillac. Ain’t another like her.”

# A new year, a revived heart

CentraCare Health – Melrose hailed the new year in a big way. Before the sun rose on Jan. 1, 2014, hospital staff snatched Grey Eagle native David Van Heel, 67, from the grips of prolonged cardiac arrest.

Baron Van Heel, 21, raced his dad to the Melrose hospital citing heart pains. After an EKG indicated a heart attack, staff called the Life Link III helicopter to transport David to St. Cloud Hospital.

"They were calling ahead to the cath lab in St. Cloud when suddenly Dad just fell over backward, and his face went white. And he...well, he died then," Baron said. "I screamed for help, and the nurses came running in and started CPR immediately, put oxygen on him, used the defibrillator a few times, everything."

After 35 minutes of manual compressions, Melrose Certified Nurse Practitioner Sheila Wing approached Baron with a disconcerting prognosis. The chances of a comeback were slim, she said, and even then, severe brain damage was nearly certain.

"I just told them to keep trying. If there's any chance at all, don't stop," Baron said. "I was not ready to be without a dad. I don't want to know what it's like without him anytime soon."

When the helicopter arrived, they hooked David up to the LUCAS™2 Chest Compression System which applies chest compressions according to the latest scientific guidelines. Studies have shown that the mechanically controlled LUCAS™2 compressions are able to sustain a higher blood flow to the brain and heart compared with manual compressions.



CentraCare Health is one of the partners for Life Link III helicopters, which provide high quality of critical care while transporting patients.

After 54 minutes of CPR, David's heart resumed the fight. Within a matter of minutes, the Life Link helicopter was bound for the CentraCare Heart & Vascular Center catheterization lab at St. Cloud Hospital.

A 100 percent artery blockage prompted Cardiologist Bernard Erickson, MD, CentraCare Clinic, to insert a single stent — not far from the two that were inserted 13 years prior. David is a four-time heart attack survivor.

David was moved to the Cardiac Care Unit where he was put into a medically induced coma to preserve brain function. Staff then administered therapeutic hypothermia, cooling David's body to 92.3 degrees for 24 hours and rewarming him over a 12-hour period.

Cardiac arrests often take a devastating toll on motor and cognitive function, but one day after David regained consciousness, staff inspired hope that David would regain the ability to walk unassisted.

"I barely knew what was going on, but I walked 50 or 500 feet — I can't remember. We blew the doctors' minds — they couldn't believe I was walking."

David spent January and early February at St. Cloud Hospital with Baron at his bedside. During that time, David required kidney dialysis and became fast friends with Nephrologist Alexander Schad, MD, CentraCare Clinic – River Campus. "That Dr. Schad. What a great personality. He doesn't use the big words or anything like that," David said. "I could razz him a little bit."

After going home in February, David continued his outpatient dialysis treatments three times a week at CentraCare Kidney Program – Alexandria Dialysis.

"Those nurses in Alexandria were something special," David said. "They jumped up and down for you, and some of them would clap their hands for you saying, 'We're prayin' for you! You're gonna get out of here!' Like family."

Few cardiac arrest patients make a complete recovery after more than 30 minutes spent unconscious, but David's heart, brain and kidneys sustained no apparent damage — an exceptionally rare outcome. The Van Heels do not take this unlikely gift for granted.

"Those nurses in Melrose are small, but they are strong" David said. "They broke all of my ribs except one with the CPR. I'm so grateful they did because I'm still here."

# CentraCare Health Financials

## CentraCare Health Statement of Operations

Total Revenue  
 Total Expenses  
 Operating Income  
 Operating Margin  
 Annual Capital Expenditures

## CentraCare Health Balance Sheet

Current Assets  
 Investments  
 Property & Equipment, net  
 Other Assets  
**Total Assets**

Current Liabilities  
 Long-Term Debt  
 Other Liabilities  
 Net Assets  
**Total Liabilities & Net Assets**

## Fiscal Year Ended 30-Jun-2014

|                 |
|-----------------|
| \$1,052,146,765 |
| 1,007,899,145   |
| 44,247,620      |
| 4.21%           |
| \$65,909,035    |

## 30-Jun-2014

|                        |
|------------------------|
| \$286,069,328          |
| 529,661,374            |
| 610,832,498            |
| 24,159,626             |
| <b>\$1,450,722,826</b> |

|                        |
|------------------------|
| \$148,938,697          |
| 413,091,152            |
| 75,171,270             |
| 813,521,707            |
| <b>\$1,450,722,826</b> |

## Fiscal Year Ended 30-Jun-2013

|               |
|---------------|
| \$938,148,434 |
| 891,011,309   |
| 47,137,125    |
| 5.02%         |
| \$73,439,577  |

## 30-Jun-2013

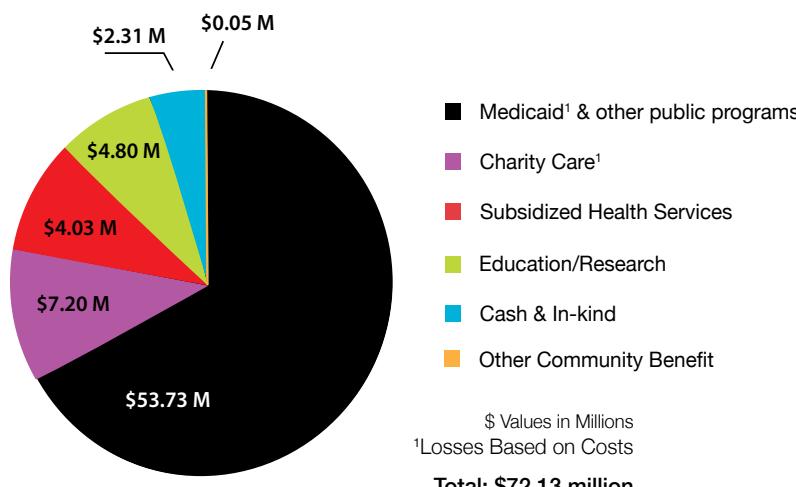
|                        |
|------------------------|
| \$269,438,703          |
| 444,179,833            |
| 587,546,615            |
| 22,945,578             |
| <b>\$1,324,110,729</b> |

|                        |
|------------------------|
| \$139,166,858          |
| 415,964,609            |
| 73,973,755             |
| 695,005,507            |
| <b>\$1,324,110,729</b> |

## Serving our communities

Fiscal year ended June 30, 2014.

Current year calculations are based on IRS 990 schedule H instructions.



## Additional Community Benefit<sup>2</sup> (in millions)

|  |                |
|--|----------------|
| Cost in excess of Medicare payments      | <b>\$56.69</b> |
| Other care provided without compensation | <b>\$18.60</b> |
| Discounts offered to uninsured patients  | <b>\$ 7.45</b> |
| Taxes & Fees                             | <b>\$ 2.12</b> |
| <b>Total \$84.86</b>                     |                |

<sup>2</sup> not included on schedule H

# CentraCare Health Foundation Financials

Thank you to everyone who generously supports health and health care in Central Minnesota. The following lists of benefactors highlight the thousands of people in our region whose gifts are impacting the care of patients today, leaving a legacy of future health improvements.

Thank you for making a difference!

## Summary of Operations

FY 2014

### Revenue & Support (in thousands)

\*Contributions, net

Investment Income, net

Special Events

\*\*Planned Giving Expectations

**Total Revenue**

\$7,748

\$4,553

\$1,039

\$373

**\$13,713**

### Expenses (in thousands)

Grants & Programs

Special Events

Administrative

Fundraising

**Total Expenses**

\$7,119

\$489

\$714

\$1,180

**\$9,502**

Net Assets at the end of the year

\$47,635

\* St. Cloud Hospital and St. Benedict's Senior Community covered a portion of the Foundation's administrative expenses.

The number is reflected in the contribution line.

\*\* Some planned gifts are revocable and may not materialize.



Terry  
Pladson

## Cumulative Benefactors

The persons, foundations and corporations listed have achieved a lifetime-giving level of \$10,000 or more. We truly are grateful to our benefactors and make every effort to list them as they prefer. Please call 320-240-2810 to correct any errors or discrepancies that appear in the following lists. (As of June 30, 2014)

### \$2,000,000+

CentraCare Health Employees  
The Coborn Family  
Ms. Mae Ellingson-Skalicky  
Benedict F. & Dorothy J. Gorecki  
St. Cloud Hospital  
St. Cloud Hospital Volunteer Auxiliary  
John & Mary Weitzel



The Bernick Family Foundation gave \$25,000 for the purchase of a climbing wall for the Recovery Plus Adolescent Residential treatment facility and Clara's House.

### \$1,000,000+

Anderson Family of Companies  
Clearway Minnesota  
Bob & Linda Feuling  
& The Feuling Family  
Grocers On the Green  
George & Shirley Torrey  
  
\$750,000+

Darwin Bonn  
Douglas J. & Tanya Boser —  
Boser Construction, Inc.

\$500,000+

Rollie & Barbara A. Anderson  
Blue Cross and Blue Shield  
of Minnesota  
William E. Clemens  
Crothall Services Group  
Bob & Nancy Ferche Family  
Barb & Art Gracheck  
Morgan Family Foundation  
Otto Bremer Foundation  
Bob & Sandy Sexton  
State of Minnesota  
Dr. Wesley J. & Jean A. Streed  
Gene & Sheelah Windfeldt

\$250,000+

Bernick Family Foundation  
Scott & Kim Blattner  
Design Electric, Inc.  
Andy & Jodi Fritz —  
El-Jay Plumbing & Heating, Inc.  
Lester Engel  
John & Nancy Frobenius  
Harold E. Anderson Trust  
Al & Yvonne Kremers  
Patrick E. Lynch  
John Mahowald & Donna Kuhl  
Mahowald Insurance Agency  
& Mahowald Financial Partners  
Marco, Inc.  
Gary & Jane Marsden  
Dr. John K. & Joyce Matsuura  
John & Cherie McDowell —  
McDowell Company  
McGough Construction Company, Inc.  
Medica Foundation

### \$750,000+

Dr. Terence & Sue Pladson  
The Clara Foundation  
Patrick J. & Karen L. Virnig  
Wells Fargo Bank  
Dennis & Karen Zaun

### \$100,000+

American Heritage Bank  
& the Jay Johnston  
& Rodger Johnston families  
Barb Anderson  
& Jeanette (†) Anderson  
Cornelius P. & Sandra L. Baldwin  
Michael & Sharon Bauerly Family Fund  
Bauerly Companies  
Rodger & Marlys Bense  
Dick & Mimi Bitzan  
Bremer Bank  
Central Minnesota  
Emergency Physicians  
CliftonLarsonAllen  
Donlar Construction  
Dr. Paul J. & Joanne Dorsher  
Roger & Betty Duininck  
Epic Systems  
Jared Gapinski & Molly Meagher  
GNP Company — Gold'n Plump  
Gray Plant Mooty  
Leo T. Henkemeyer  
Emily Hoeft Estate  
Hughes Mathews Greer, P.A.  
Jim Christensen —

J.C. Christensen & Associates, Inc.  
Dr. Dwight E. & Audrey C. Jaeger  
Sy & Corrine Janochoski —  
Sy & Sons, Inc.  
Knife River/MDU Foundation  
Leighton Broadcasting Radio Stations  
KCLD, KZPK, KCML, KNSI  
Cheryl Lightle & Wade Skaja  
Gordy & Michelle Meyer  
Jim & Marion Miller

Gail Anderson  
Appert's Foodservice  
Vonnie Bangtson  
Craig & Karen Broman  
The Carlson Family  
and C & L Distributing  
Carl & Barb Caspers  
Child Care Choices, Inc.  
Crystal Farms

Fraternal Order of Eagles  
Greater MN Fight for a Cure

### \$75,000+

Dan & Susan Miller —  
Miller Architects & Builders  
Minnesota Organization on  
Fetal Alcohol Syndrome  
Dr. Paul T. & Nancy E. Moran  
Multiple Concepts Interiors Carpet One  
Regional Diagnostic Radiology  
Barry & Sandy Ross  
Phil & Evelyn Ruggiero  
Leo M. & Karen M. Sand  
Tom & Joyce Schlough  
Ronald S. & Irene E. Schmidt  
SEI  
Christopher Shorba  
Sprint PCS  
St. Cloud Hospital Auxiliary Gift Gallery  
St. Cloud Lions Club  
St. Jude Medical  
Tastefully Simple  
Jerome & Esther Then  
Delphine (†)  
& John Undersander Family  
US Bank  
Faber Family — Viking Coca-Cola,  
First Choice, Armada Coffee  
Bob & Penny White  
Diane & John (†) Wojtanowicz/  
Prairie Farm Company  
Wolters Kluwer Financial Services

### \$75,000+

Gail Anderson  
Appert's Foodservice  
Vonnie Bangtson  
Craig & Karen Broman  
The Carlson Family  
and C & L Distributing  
Carl & Barb Caspers  
Child Care Choices, Inc.  
Crystal Farms  
Fraternal Order of Eagles  
Greater MN Fight for a Cure

Donald Helgeson & Sue Shepard

Kevin J. & Joanne M. Hughes

Ray Hughes

Kemps

William A. & Virginia M. Lee

Thomas E. & Mary Mathews

Pan-O-Gold Baking Co.

Dr. Nicholas & Bernice Reuter

Denny & Karol Ringsmuth

Russ Davis Wholesale

Sisters of the Order of Saint Benedict

St. Cloud Ear Nose & Throat —

Head & Neck Clinic, PA

The Lynn Johnson Family Foundation

Louise E. Theisen

Then Family Charitable Foundation

Don & Sylvia Weeres & Family —

Spee-Dee Delivery Service, Inc.  
\$50,000+

Array Services Group

John, Nancy, Corey & Lee Bartlett —

Automotive Parts Headquarters, Inc.

George Brancato

Charles D. Nielsen & Peggy L. Carlson

John P. & Cindy B. Clemens

Robert & Veronica Coborn Family Fund

Coldspring

Courrier Investments LLC

Creative Memories/

The Antioch Company

DeZurik

Mark & Karla Donlin Family Fund

Charles & Jane Dooley

The Eich Family & Eich Motor Company

Dr. Walter N. & Trecia A. Ellis

Michael J. Faber

Rose Ann Faber

Form A Feed Inc.

Ross Hall & Tanya Vossberg

Judge Elizabeth Hayden

& Judge Charles Flinn, Jr.  
HealthPartners

Central Minnesota Clinics

Dennis & Tamara Holland

Allen & Laura Horn

Mary Lee & James H. Illies

J & B Group

J.P. Morgan Securities, Inc.

Mary Lou Jameson

Jennie-O Turkey Store, Inc.

Drs. Richard & Merryn R. Jolkovsky

Karen & Jerry Jurgens

Donlar Construction Company

Linus J. & Marina A. Koopmeiners

Lamar Outdoor Advertising

Steven Letnes

Hub Levandowski & Karol Moorman

John P. & Maryanne Mahowald

Steve & Trese Mareck

Metropolitan Mechanical

Contractors, Inc.

Minnesota Academy

of Pediatrics Foundation

Dr. Chris & Denise Moellentine

Jim Naham

Michael R. & Donna M. Nathe

Ben & Kari Nemeth

New Flyer USA

Robert & Marilyn Obermiller

PCL Construction Services, Inc.

Rice Building Systems, Inc.

Rinke-Noonan Law Firm

Mike & Elizabeth Roth

Scheels All Sports

Michael & Patricia Sipe

Stearns Benton Medical Society

Don & Angeline Hall Family

Supervalu Inc.

Kathy & Tom Terhaar

The Hearst Foundations

Tony & Joyce Tillemans

Drs. David & Janet Tilstra

TKI/Tom & Diane Kraemer Family

Traumen Glasberg Design Studios

Vascular Solutions

Gary & Wendy Verkinnes

Walgreens Infusion Services

Brad & Kathy Wheelock

Dr. Daniel & Judy Whitlock

Duane & Elaine Schultz

& Winkelmann Building Corporation

\$25,000+

Janie & Jack M. Amundson

Dr. Charles & Janet Andres

Anheuser-Busch

Audio Video Extremes LLC

David & Jean Bauerly Family

Jerry & Elaine Bauerly

Don & Pat (†) Bitzan

Payton Blomstrom Perinatal

& Pediatrics Palliative Care Fund

Dr. Joseph M. & Patty Blonski

Blue Cross Blue Shield

Boston Scientific Foundation

Tom & Andrea Brasel

Bremer Financial Services Inc.

Dr. Frank T. & Alice L. Brown

Center For Diagnostic Imaging

Central Minnesota Noon Optimist Club

Linda & Joe Chmielewski

Clearwater Travel Plaza

Mark Coborn

Continental Press, Inc.



Karla Reil, a breast cancer survivor, participates in a clinical trial made possible by generous donors to the Coborn Cancer Center.

Crafts Direct

Dr. & Mrs. Stephen Cragle

Mick Family — Custom Welding

& Metal Fabricating, Inc.

D.J. Bitzan Jewelers

Jim & Jan Davis

DCI, Inc.

Dr. and Mrs. Luther & Julianne Dehnel

Del Monte Foods

Gerry (†) & Colleen Donlin

Dunham Associates

Dr. Frederic J. & Lynn Engman

Dr. Jason M. & Debra Erickson

Events Extraordinaire

By Jean Inc./Jean Dotzler

Drs. Daniel & Debra Ferraro

Fifth District Eagles

Finken Water & Kay's Kitchen

Christy Gilleland —

Gilleland Chevrolet-Cadillac

Patricia R. Gray

James & Pauline Hall

Hammel, Green and Abrahamson, Inc.

Lee & Jan Hanson

Drs. Ronald D. & Michelle Hanson

Paul & Jennifer Harris

Dr. Richard W. & Patricia Hart

Richard & Kris Inderieden —

Heater Rental Services

Joe & Amy Hellie

Jerry & Kathryn Henkemeyer

Henkemeyer Coatings Inc.

Mike & Pat Henkemeyer

Steve & Megan Henkemeyer —

Henkemeyer Excavating

Joan Hicks

Andy (†) & Carol Hilger

Holiday Companies

Holiday Inn Hotel & Suites

Holiday Station Stores Inc.

Dr. Mark D. Holm & Susan Osaki Holm

Ken & Beth Honkomp

Nicholas & Terese Houle  
Dr. Scot & Gretchen Hutton  
Alcuin & Dorine (†) Illies  
Jagielski Family  
Kathy Janson Memorial Fund  
JM Companies, Inc. & Mike Moores  
Dr. James L. & Mary Jost  
Justin V. Pearson Memorial Fund  
Kevin & Julie Johnson —  
K. Johnson Const. Inc.  
Michael & Joni Karl  
Kiwanis Club of St. Cloud  
The Klick Foundation  
Susan & Greg Klugherz  
Tom (†) & Helen Krebsbach  
Dr. David A. & Susan M. Kroska  
Laerdal Foundation  
Lakeland Construction Finance, LLC  
Mark & Judi Larkin  
Jim & Mary Jane Lauerman  
Aaron & Jill Levin  
Dr. Douglas R. & Taimi T. Liepert  
Dr. James & Vicki Lundeen  
Macy's  
Dr. Todd & Sarah Magnuson  
Norie Mahowald  
Mardag Foundation  
Edward "Chip" Martin & William Chaffee  
Mathew Hall Lumber Company  
Dr. Mark & Ronda Matthias  
Scott & Mary Kay May  
Drs. Eric T. & Lynn M. McFarling  
Medtronic  
Dr. Cindy Jensen Melloy  
& Thomas P. Melloy  
Michael Foods  
Midsota Plastic  
& Reconstructive Surgeons, PA  
Midwest Arrhythmia Research Fund  
Myrel A. Neumann  
Midwest Vision Centers  
Minnesota Medical Foundation

Rosie & Roger Moran  
Morrison Healthcare Food Services  
Steve Muggli  
Mark & Jan Murphy  
NativeX  
Negen Family — Negen Architects, Inc.  
Dr. Robert B. & Marianne Nemeth  
Joshua & Melissa Longnecker —  
Northwestern Mutual  
John & Elizabeth Packert/  
Ron's Cabinets  
Kathy & Jim Parsons  
Paynesville Hospital Auxiliary  
Perkins & Will  
David & Mary Phipps  
Plaza Park Bank  
Pleasureland RV Center, Inc.  
Pope Architects, Inc.  
Tom & Amy Porwoll  
Durand J. & Mary Sue Potter



Darwin Bonn and Carl Caspers enjoyed themselves at the 10<sup>th</sup> annual Spring Fling which raised \$75,000 to enhance the lives of residents at St. Benedict's Senior Community in St. Cloud.

Quinlivan & Hughes, P.A.  
Joni & Duane Rasmussen  
RBC Wealth Management  
Dr. John R. & Kathryn A. Reisinger  
Robert & Rita Rengel  
Dr. David J. & Susan M. Roberts  
Scenic Sign Corp.  
Claude C. & Mary A. Schneider  
Dr. Thomas G. & Myra Lee Schrup

Jacqueline M. Schuh  
in memory of Joan M. Schuh  
John Seckinger  
Tom & Kathy Sellnow  
Slumberland Furniture of St. Cloud  
Dr. Stephen (†) & Mary Sommers  
St. Cloud Hospital School of Nursing  
Alumni Association  
St. Cloud Surgical Center  
Stinson Leonard Street LLP  
Scott & Shelly Streed  
Todd & Heidi Streed  
Dr. Muhammad Suri & Aqsa Nadeem  
Dr. Jessica & Andy Swartout  
The Medtronic Foundation  
Thermo-Tech Windows  
East Side Glass Company  
Lee & Mary Torborg  
Mark J. Traut  
Dr. Theodore & Andrea Truitt  
Joan B. Volkmarth  
W. Gohman Construction Co.  
Donald R. & Jan D. Watkins  
Hugo & Rita Weyrens  
Dr. Darin D. & Katy Willardsen  
Dr. Bernard & Michelle Williams  
Williams Dingmann Funeral Homes  
Brownie and Michelle Williams  
Dr. Harold E. & Shirley Windschitl  
Xcel Energy  
Dr. Mohamed S. Yassin  
Todd & Kyoko Zaun  
Zonta Club of St. Cloud

**\$10,000+**

The Ackley Family  
Adult & Pediatric Urology  
Advantage Sales & Marketing  
AIS Planning  
Dr. Oluade A. & Adeyoola A. Ajayi  
Albany Mutual Telephone Foundation  
Hani Alkhatib

Tom & Sally Allen  
American Cancer Society  
American Endowment Foundation  
American Pharmacists Association  
Barb Anderson & Dave Chandler  
Drs. Stacia Anderson  
& Matthew R. Hwang  
John & Kay Delinsky  
& Apollo Insurance Agency  
Arctic Glacier Ice  
Arvig Communication Systems  
Ascent  
Larry L. Asplin  
AVI SPL  
Dr. Richard & Michaela Backes  
Dr. Burt & Evelyn Bancroft  
BankVista  
Barnes & Noble Booksellers  
Barrel O' Fun  
Roberta & Kevin Basol  
Patrick C. Bauer  
& Gloria A. Flavin Bauer  
Brian & Marge Bauerly  
Jenny Bauerly  
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Dan and Mabel Coborn received the Lifetime Achievement Award at the La Gratitude event for their generous support and volunteer involvement with CentraCare Health.

Rebecca Kulzer  
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Thomas and Cheri Satre  
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Daryl L. & Bonnie G. Zimmer  
Peggy Zimmer  
Steve & Sonja Zitur  
  
Deceased (†)

## **Beacon Society**

The following benefactors have named St. Cloud Hospital programs and services, St. Benedict's Senior Community or CentraCare Health Foundation as a partial beneficiary in their estates. (As of June 30, 2014)

Hani Alkhatib  
Tom & Sally Allen  
Larry L. Asplin  
Ernest J.(†) & Eileen A. Bergeron  
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Eugene & Jan Faulhaber  
Judge Elizabeth Hayden  
& Judge Charles Flinn, Jr.  
John & Nancy Frobenius



The Doug and Tanya Boser family established an estate gift with CentraCare Health Foundation which will benefit a variety of areas including the Neonatal Intensive Care Unit at St. Cloud Hospital.

Jared Gapinski & Molly Meagher  
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Phil & Evelyn Ruggiero  
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Marilyn A. Savage  
Tom & Joyce Schlough  
Jacqueline M. Schuh  
in memory of Joan M. Schuh  
Marjorie Schwartz  
Connie Schwinghammer  
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Brad & Kathy Wheelock  
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7 Anonymous Members

Deceased (†)

## **Named Funds**

The following endowment funds have been created by individuals to carry on family names or to honor special physicians, caregivers or friends. The principal of these gifts is invested and the interest is used to support the area designated by the benefactor. (As of June 30, 2014)

Al & Yvonne Kremers Fund  
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Elizabeth Hayden  
& Charles Flinn, Jr. Fund  
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Phil Ruggiero, active volunteer and auxiliary president, and his wife, Evelyn, started a volunteer scholarship fund for young people to pursue an education beyond high school.

Fred & Del Sexton Fund  
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**A philanthropic guild of CentraCare Health Foundation open to Central Minnesota practicing and retired medical staff who make a gift to support the Foundation's mission of improving health and health care. Members achieve active standing by contributing to the CentraCare Health Foundation Caduceus Society during the current calendar year. Legacy standing is achieved once a Caduceus Society member has cumulatively given \$10,000 or more. (As of June 30, 2014)**

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Cardiologist Jamie Pelzel, MD, and team, care for more than 1,000 heart failure patients in Central Minnesota.

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Dr. Joseph M. & Patty Blonski  
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Drs. Jerome P. & Mary U. Keating  
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Dr. James (†) & June Kelly



Family Medicine Physician Paul Van Gorp, MD, CentraCare Health – Long Prairie, won the 2014 Caduceus Award, which recognizes the outstanding work of Central Minnesota physicians who exhibit exceptional humanitarian medical efforts locally or around the world.

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 1 Anonymous Member  
 Deceased (†)

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**Recognizes benefactors who made annual gifts of \$1,000 or more to CentraCare Health Foundation.**  
*(As of June 30, 2014)*

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 American Heritage Bank & the Jay Johnston & Rodger Johnston families  
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 Ameriprise Financial Employee Gift Matching Program



CentraCare Health Foundation awarded a \$450,000 grant to the BLEND (Better Living: Exercise and Nutrition Daily) initiative that advocates for healthy communities giving children the opportunity to participate in daily physical activity and have access to nutritious foods.

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Andy and Jodi Fritz, owners of El-Jay Plumbing & Heating, generously matched donations up to \$100,000 to benefit the Coborn Cancer Center.

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Pat and Sandy Baldwin gave a \$100,000 gift for a new family lounge in the expansion of the CentraCare Heart & Vascular Center.

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Debbie Erickson (center), received the 2013 Spirit of Women Community Hero Award presented by Mark Larkin, CFRE, vice president, CentraCare Health, and Penny Beattie, DNP, RN, MBA, NE-BC, care center director, St. Cloud Hospital Women & Children's Services.  
 Tiffany Omann-Bidinger  
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The annual Grocers on the Green golf tournament, organized by Chris Coborn and Greg Kurr, has raised nearly \$1.6 million to support St. Cloud Hospital Pediatric Cancer Services.  
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 Jeff Sell

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Marco was the presenting sponsor for Holly Ball 2013. Pictured from left: Craig Broman, CentraCare Hospitals president; Jeff Gau, Marco CEO; Terry Pladson, MD, CentraCare Health president; and David Tilstra, MD, CentraCare Clinic president.

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20 Anonymous Benefactors  
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## **Employee Campaign**

These CentraCare Health employees participated in the 2014 Employee Campaign and are listed alphabetically by giving level.  
(As of June 30, 2014)

## **90-Minute LEADERS**

Employees committed to 90 minutes per pay period.

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Angela Jordahl



Troy Payne, MD, and his wife, Sandra, enjoy themselves at Holly Ball, which raised \$550,000 for the St. Cloud Hospital Hospice Fund through the CentraCare Health Foundation.

Terry & Barb Kantor  
Karen Kinsley  
Susan & Greg Klugherz  
Luan Knoll  
Aaron & Lisa Lahr Family  
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Melanie & Tom Rau  
Kim Reichert  
Aleen & Rick Roehl  
Vickie & Al Ruegemer  
Juli & John Sanner  
John & Jan Schnettler  
Mary Scott  
Ken & Marcia Shane  
Steve & Jean Sperl  
Todd & Cindy Steinke  
Lori Sterriker  
Jennifer Storms  
Debra D. & Donald H. Stueve  
Daniel Swenson  
Toni & Bryan Tebben  
Joleen & John Thell  
Marc & Heather Vaillancourt  
Linda Vanvalkenburg  
Molly Voigt  
Jane Vortherms  
Shar Wallack  
Mary Ellen Wells  
Jennifer Wenzel & Steven Johnson  
Tom & Sonya Wieber  
Lynn Wieczorek  
Dexter & Rosetta Williams  
Judy Woods  
Steve & Sonja Zitur  
11 Anonymous Leaders

## **60-Minute STEWARDS**

Employees committed to 60 minutes per pay period.

Linda Abel  
Susan Baker  
Lisa Baron  
Mary Bell  
Carol Belling  
Dan, Andrew, & Anna Bender  
Carla Biniek

Michael Borell  
Gail T. Buermann  
Karen & Mike Burzette  
Del Christianson  
Leenay Doll  
April J. Doten  
Jennifer Doyle  
David Dunn  
Shannon Durkee  
Laura Erickson  
Dianna Esplan  
Misa Feldhege  
Michele L. Fischer  
Patricia Frie  
Genell Goerger  
Jenine Graham  
Holly Haley  
Kris Hammer  
Michelle Hansen  
Kimberly Hartman  
Dennis Heinen  
Kacey Hiltner  
Debra Himsl  
Heather Holte  
Michelle Hutchins



"Any amount, any time, to anything you're passionate about makes a difference. Your contributions count and they matter."

Sack Insixiengmay,  
Information Systems

Caroline Jacobs  
Naima Jama  
Sue Josewski  
Audrey & Dave Kamphenkel  
Marie Katterhagen  
Diane Keiser  
Tracy & Jim Ketzeback  
Chris & Jamie Kipka  
Angie Klein  
Kari Kluver



"I am investing in my patients' care and playing a part to help provide the most recent, advanced technology, research and education to assist in advancing their care."

Jennifer Knaack,  
CentraCare Clinic – Becker

Carolyn & Randy Koglin  
Amy Kramer  
Sarah M. Kramer  
Angela Kray  
Nancee Kremers  
Carla A. Kroll  
Rebecca Kulzer  
Tamara Lambert  
Peggy Lange  
Yvonne L. Leedahl  
Sherry Lehnen  
Deb Libbesmeier, RN, CNP  
Judith L. Majerus LPN  
Lois A. Malek  
Nancy & Erich Martens  
Eileen Maus  
Nicole May  
Josh Moe  
Kathryn Morin  
Angie Moscho  
Mark & Jan Murphy  
Sheila Nahan  
Geralyn Nathe-Evans  
& Dave Evans(†)

Andrea Oelkers  
Tiffany Omann-Bidinger  
Jacqueline Osterhaus, PA-C  
Diane & Matt Pelant  
Cheryl Peters-Lewis  
Luann Peterson  
Howard Pierskalla  
Joni & Duane Rasmussen  
Kathy Rausch  
Pamela J. Richardt, RN  
Trish & Jason Roehrl  
Lyndsey Rosha  
Michele A. Rosha  
Jane Scherber  
Jason & Sarah Schindler  
Jan Schmiesing  
Tom & Kathy Sellnow  
Katie Signore  
Brenda & Randy Skarphol  
Shele Skelton  
Ann Marie Spanier  
Brenda Spoden  
Tami Stanger  
Lori Stock  
Hilary Studenski  
Mary Super  
Tiffany Tangen  
Kelly Thornton  
Cathy & Brad Tieva  
Drs. David & Janet Tilstra  
Tim & Cassie Tinius  
Kate VanBuskirk  
Diane Vogel, RN, BSN, OCN  
Andrea Voigt  
Colleen Walquist  
Mary Waltzing  
Karin Walz  
Gloria Warzecha  
Victoria Weah  
Patty Weller  
Paul M. Wenner  
Shannon Wenning

Keri Wimmer  
Penny Zimny  
Jody Zylstra  
28 Anonymous Stewards

**30-Minute PATRONS  
Employees committed  
to 30 minutes per pay period.**

Gail Aalderks  
Rebecca Ahlbrecht  
Mary Ahles  
Jessie Allen-Johnson  
Dean & Cindy Anderson  
Michelle Anderson  
Rachel Anderson  
Ron & Trina Anderson  
Laurie & Tim Annett  
Anita Arceneau  
Ronda K. Arnold  
Diane Asmus  
Victoria Atkinson  
Angela Barthelemy  
Julie Bartos  
Cheryl Bauer  
Tina Bauer  
Julie Baum  
Peggy Bayer  
Agnes Bearson  
Fr. Stephen Beauclair, OSB  
Beth Bechtold  
Kenneth Bechtold  
Mary Becker  
Melinda Bemis  
Marcia Bennett  
Renee Bernardy  
Riley Bertram  
Karrie Bestgen  
Daric & Melissa Birr  
Tiffany Bjorlin  
Heather Blais  
Donna Bloch

Lance Bollmeyer  
Amy Bong  
Sharon & David Borgert  
Monique Bork  
Julia A. Bourne  
Sarah Bown  
Jeannie Boyle  
Jeanie Bromenshenkel  
Julie Bunkowski  
Susan Burggraft  
Adam S. Burling  
Megan Call  
DaNell Carlson  
Joyce Chan  
Karen Chatterton  
Michelle Chmielewski  
Cmelik Family  
Paulette M. Como  
Donna Corrigan  
Lee & Jeni Croal  
Mary Croat  
Nancy Czech  
Joel & Alison Dahlin  
Tim & Lisa Dalton  
Carolyn Deadrick  
Jackie Defries  
Benjamin Dehn  
Anne Deters  
Lori Diederichs  
Joe & Jan Dirkes  
Linda Doerr  
Julia Draxten  
Toni Drum  
Patricia & Damien Dumonceaux  
Judith A. Dupré  
Dennis & Vera Ebensteiner  
Jody Eisenschenk  
Becky Elsenpeter  
Clare Elyea  
Kristi Enerson  
Summer Erdmann  
Barb Euteneuer

Tom & Gina Feldhege  
Mary Filzen  
Karla Fleming  
Tammy Fluharty  
Jim Forsting  
Emily Foss  
Brenda Foster  
Melissa Fradette  
Sheila Frank  
Madolyn Freeman  
Michele Freeman  
Lynda Frenchick  
Dale & Diane Gabrielson  
Donna Gasperlin  
Ron & Melanie Gedde  
Katherine Geislinger  
Johnna Gertken  
Dawn Gibson  
Eric Gohman  
Ashley Gruber  
Will Hagan  
Sandy Haggerty  
Patricia Haiby  
Deb Hall  
Sandy Hamilton  
Michelle Hanneken  
Brad & Lisa Hanson  
Jane M. Harris  
Patrick & Cathy Hartmann  
Donna Hartung  
Barb Hayes  
Carrie Hayes  
Michele Held  
Patricia Helgeson  
LeAnn Hellermann  
Conni Henderson  
Gloria Hendrickson  
Daryl & Judy Henneman  
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Sara Heurung  
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Rhondelle Hoggarth  
Jessica Hollenkamp  
Lindsay Hollenkamp-White  
Hattie Holtberg  
Gary & Nicole Holthaus  
Heather Hooper  
Robyn Huntley  
Cortney Imdieke  
Peter Imdieke  
John & Brianna Inkster  
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Mary Janski  
Jan Jaskowiak  
Barb Johnson  
Emmie Johnson, RN  
Melanie Johnson  
Paula Jungels  
Shelly Kalthoff  
Carrie Kampa  
Kaelynn Kampa  
Nancy Kampa  
Donna M. Kamps  
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Wesley & Mandi Karls  
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Sandy Keller  
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Leigh & Steve Klaverkamp  
Mary Klein  
Tab Klimstra  
Ron Klinkhammer  
Bernice T. Klocker  
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Jennifer Krepp  
Barb Krona  
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Sherri & Mike Liebl  
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Karen J. Lindgren  
Dorothy Lindquist  
Shirley Loehr  
Melissa Lommel  
Lisa Loso  
Santina Lovelace  
Jillene Lubbers  
Steve Lungstrom  
Vera Lwanga  
Mary Macy  
Jeffrey Magera  
Julie Magera  
Heather Marcyes, RN  
Kathy & Mike Markman  
Lucinda Martin  
Philip & Mary Martin  
Sue & Mike Martin  
Deb Massey  
Jane Mathiasen  
Trisha Matvick  
Bethany Maus  
Tanya Mazzone  
Terri McCaffrey  
Michelle McDonald  
Michelle McGraw  
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Corene Merrill  
Cassandra Meyer  
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Mallory & Dan Mondloch  
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Beverly Mueller  
Joy Mulder

Stephanie Munsch  
Betty Munsterteiger  
Claire Murphy  
Julie Nacey  
Clara Nathe  
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Vickie Olson  
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Erin Pallansch  
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Adam & Mindy Paulson  
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Lacey Pesta  
Marjorie Peternell  
Owen & Marcia Peterson  
Jamie Pettit  
Kathleen Pflueger  
Emily Piccerillo  
Jacqueline Pooler  
Audra & Tim Popp  
Bruce & Margie Poser  
Lori Potter  
Melissa Pribyl  
Janice K. Price  
Carol Primus  
Marty & Kelly Radi

Arlys Redden  
Bruce & Mary Ann Reischl  
Paul & Theresa Reisdorf  
Bret Reuter  
Nicole Reuter  
Laura Revering  
Jim & Janene Riedeman  
Denise Riedemann  
Luke Rieland  
Emily Ritter  
Sheryl A. Robinson  
Kayla Roelike  
Bridget Rogers  
Candace Rolfs  
Tim Rowen  
Bonnie Rozycski  
Paul & Becca Ruegemer  
Sharon Rueter  
Carla Rust  
David Sakariason  
Jonelle Saldana  
Merci A. Sand  
Cynthia Sandberg  
Lonnie Sandmeyer  
Barb Scheiber  
Ken & Mary Schimnick  
Gail Schmidt-Ziemer  
Lois Schmitt  
Pamela J. Schnettler  
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Trishia Schultz  
Katherine Schulz  
Sharon Ann Schwantz  
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Richard Seifert  
Joan Silbernick  
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Laura L. Smith  
Kristine Smoley  
Sandy and Dave Spoden  
Karen Staggert  
Tina Standfuss  
Linda Staneart  
Barbi Stankey  
Patricia Starmer  
Sue Stein  
Linda Stepka  
Rachel Stoltz  
Craig & Carrie Stowell  
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Jon D. Tufte  
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AnneMarie Vannurden  
Susan Volkman  
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David & Dena Walz  
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Lisa Warner  
Marilyn & Dave Weber  
Marla Wegleitner  
Heidi Weinand  
Mary K. Weis  
Libby Wenderski  
Joseph & Heidi Wendt  
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Betty Widmeier  
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Rachael A. Winter  
Mary Wood  
E. Woodman  
Nicholas Woods  
Bridgette L. Worlie  
Jackie Wruck  
Heather Yender  
Dawn M. Yilek  
Donna Yohnke  
Emily Zempel  
Ann Zierden  
Carla Zupko  
Karen & Terry Zwiener  
101 Anonymous Patrons  
Deceased (†)



Twins fan Millie enjoyed her first tailgate party outside of Koronis Manor Care Center, Paynesville.

### ***Making dreams a reality!***

When we asked resident Millie about her dream, it did not take much thought. She's a Minnesota Twins baseball fan and she wanted to have a tailgate party (outside of Koronis Manor). Millie was able to pick the menu, which included charcoal-grilled food and hazelnut ice cream. She was so excited to sit outside on a beautiful summer day with the game on in the background. She took it all in while fondly reminiscing about her past. Millie had never been to a tailgate party and was emotionally overwhelmed with gratitude and full of smiles! I think it is safe to say this is a day she will not forget.

~ Shared by a social worker at CentraCare Health – Paynesville

### ***Dreams can come true***

Thanks to the generosity of CentraCare Health employees, more than \$6,000 was raised for the CentraCare Health – Paynesville Koronis Manor Care Center's "Dream a Little Dream" program, which gives residents the opportunity to do something special they always have dreamed of doing.

The money raised plays a critical role in counteracting apathy and boosting self-confidence, which improves the residents' quality of life. Your gift allows residents to fulfill their dreams, making them feel truly special and creating joyful memories that may not exist without your generosity and support!

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Kimberly Spaulding, MD  
David Tilstra, MD  
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### Term ended in 2014

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