

Investing
in Health



NOVEMBER 2023



\$250,000 matching gift received for Clara's House

CentraCare Foundation is excited to announce that we have received a remarkable \$250,000 matching gift for our year-end Community Campaign from an anonymous donor. This generous contribution will effectively double the impact of any gifts received by CentraCare Foundation until December 31.

This year's Community Campaign holds the power to transform lives by expanding [CentraCare – St. Cloud Hospital Child & Adolescent Behavioral Health at Clara's](#)

[House](#). The expansion aims to meet the critical mental health needs of children ages 2-5 and address emergent healthcare needs in our regional communities.

[Make a gift today!](#) Your gift will have twice the impact, directly improving the lives of children who are grappling with mental health challenges.

Give now!

X-ray compatible trauma cart enhances patient care

Thanks to employee and community giving, CentraCare – Long Prairie was able to purchase an X-ray compatible trauma cart to improve patient care in the Emergency Room using gifts designated to the CentraCare – Long Prairie Greatest Needs fund.

“With this new equipment, staff no longer need to move or reposition the patient to take X-rays which in a trauma situation may be very difficult and painful for the patient,” said Stephanie Albers, Nursing Manager, Med/Surg, CentraCare – Long Prairie. “The new stretcher also has an integrated scale so staff can easily get a patient’s weight which is important for appropriate medication delivery.”

This new cart is designed to slide the X-ray cartridges between the cart and the stretcher that the patient is lying on and offers image quality comparable to traditional X-rays.

This is another example of how philanthropy is truly making a difference for our patients.



Joe Jager, RN; Marissa Baumgartner, PA; Stephanie Albers, Nursing Manager, Med/Surg, CentraCare – Long Prairie



Staff can slide the X-ray cartridges between the cart and the stretcher without having to move the patient.

Holly Ball is Dec. 2. Do you have your ticket?

When you join us at Holly Ball on Dec. 2, plan to explore the sounds, scents and scenery of a magical winter wonderland. We will gather together to celebrate community and raise much needed funds for cancer and hospice programming and the Central Minnesota Child Advocacy Center.



Learn more and buy your tickets [here](#). Or, if you choose to volunteer this year, you will receive a complimentary ticket to the entertainment portion of Holly Ball starting at 8 p.m. along with a buffet dinner meal and unique Holly Ball t-shirt. Volunteers are asked to help at least 8 hours of their time between warehouse nights or setup/takedown of Holly Ball. Check out these [volunteer opportunities](#).

Thank you to our generous Holly Ball sponsors:

PRESENTING SPONSOR:



CHILD ADVOCACY CENTER SPONSOR:	HOSPICE SPONSOR:	RED CARPET SPONSOR:
ENTERTAINMENT SPONSOR:	FOOD SPONSOR:	LOUNGE ENTERTAINMENT SPONSOR:
ORNAMENT SPONSOR:	TECHNOLOGY SPONSOR:	PARTY PHOTO BOOTH SPONSOR:
SPARKLE SPONSOR:	DIGITAL MARKETING SPONSOR:	PRODUCTION SPONSOR:
CO-SPONSORS:		

Magnet redesignation recognizes nursing excellence

CentraCare – St. Cloud Hospital achieved a fifth Magnet redesignation, an honor from the American Nurses Credentialing Center’s Magnet Recognition Program® that distinguishes health care organizations that meet rigorous standards for nursing excellence.

This credential is the highest national honor for professional nursing practice and is a testament to St. Cloud Hospital’s continued dedication to high-quality nursing patient care.

"I am incredibly proud and grateful for our nurses and interdisciplinary team members who provide exemplary care to our patients as demonstrated by this recognition," Chief Nursing Officer Melissa Fradette said.

St. Cloud Hospital is now one of only 43 organizations in the world that has achieved a fifth redesignation — that equals less than 1 percent of the more than 6,000 hospitals in the United States. Only 604 hospitals worldwide are Magnet designated.

"It’s been incredible to see St. Cloud Hospital and our teams continue to challenge themselves, enhance processes and improve care with an unwavering dedication to our patients," said St. Cloud Hospital President and Chief Operating Officer, Joy Plamann. "Each and every day I am proud to come to work and lead such innovative and remarkable teams. It’s been the honor of a lifetime."

There are currently three other Minnesota hospitals with Magnet designation: Abbott Northwestern Hospital, Children’s Minnesota and Mayo Clinic Rochester.



Nurses celebrate after Magnet re-designation announcement shared Oct. 23

Construction on new linear accelerator space on track

It's almost six months since the start of construction to accommodate a radiation suite for the new linear accelerator at the Willmar Cancer Center.

The Cancer Center radiation oncology team recently donned their hardhats and vests to take a tour of the construction site.

The construction continues to be on schedule and has an estimated go-live around March 2024.

Thank you for the generous community support that made it possible.



Radiation Oncology Team pictured L to R: Kayla S., Conrad M., Jackie R., Rachel L., Emily E., Lisa M., and Katie F.



CentraCare to host free cancer screening event

CentraCare is hosting this free event from 4-6 p.m. on Nov. 14 at Coborn Healing Center, 1900 CentraCare Circle, St. Cloud.

Screening increases the chances of detecting certain cancers early, when they might be easier to treat.

At the event, you can:

- Tour a giant inflatable colon
- Receive a free skin check - **Appointment required. To schedule, call 320-229-5100.**
- Take home a free radon test kit (quantities limited)
- Have questions answered by health care professionals
- Learn about prevention and screening for breast, colon, HPV, lung, melanoma and prostate cancer



Event provides support to survivors of suicide loss

The International Survivors of Suicide Loss Day is Nov. 18.

CentraCare is hosting an event from 10 a.m. to noon at CentraCare Plaza, 1900 CentraCare Circle, St. Cloud.

This event is designed for survivors of suicide loss to come together to find connection, understanding, and hope through their shared experience. [Register here.](#)

American Foundation for Suicide Prevention produced materials will be used. This event includes watching a short documentary of suicide loss survivors and their experience in their grief and healing journey, discussion break-out groups, and a closing ceremony.

This event is offered free of charge and will be led by mental health clinicians and chaplains. If you are in need of finding additional suicide loss resources, please visit [AFSP](#) or [CentraCare](#) for more information.



Thank you to our thoughtful community partners



For the ninth year in a row, Miller Auto Plaza donated one seatbelt cover to Coborn Cancer Center for each person who test drove a vehicle during October. These seatbelt covers provide comfort to patients receiving cancer treatment.



The St. Cloud Tech Volleyball team raised \$520 at their Oct. 2 Dig Pink event to benefit cancer survivors at the Coborn Healing Center.



More than 85 horse riders participated in the Charity Cup Ride and raised \$6,300 for patients receiving cancer care. From left to right Allie Oien, Elizabeth Klocker, Darlene Molitor, Karin Lupo and Elin Lupo.



Last year, 17-year-old business owner Avalon Heckman collected \$3 from every sale through her online clothing business and raised more than \$750 for Clara's House. Learn about [Avalon's story](#) and her continued efforts.



Clearwater Travel Plaza hosted its 15th Annual Walk for Hope and raised more than \$14,000 for patients with breast cancer. Pictured: Derrick Olson, Luke Bettin & Staci Stredelman



Coborn's Flower Shoppe hosting its "Petal it Forward" event at Coborn Cancer Center. Many patients and employees received two bouquets – one to keep for themselves and a second one to give away.



Breathing easier to improve health

Coborn Cancer Center recently hosted two events to teach patients, caregivers and employees about the power of breath in reclaiming your mental and physical health.

During this two-hour event on Oct. 6, participants learned more about breathing fundamentals, experienced Peak Flow's science-based breath training ecosystem and had an opportunity to ask questions of special guest, Peak Flow Founders.

A separate four-hour workshop for staff on Oct. 7 included an opportunity for staff to try an Ice Bath in the Healing Garden outside of the Coborn Healing Center.

Are you interested in hosting a fundraising event?

As the charitable, tax-exempt organization for CentraCare, CentraCare Foundation has created policies and procedures designed to guide in planning fund-raising events and activities that benefit CentraCare programs.

If you are interested in hosting a fundraising event for a CentraCare program, visit our [website](#) or call 320-240-2810 to learn more.

We are so grateful for our community partners who make a difference for our patients through their efforts.



CentraCare
Foundation

Follow us on Facebook

CentraCare Foundation has so many stories to share and people to thank that we've created our own [Facebook page](#) where you can find all these things and more! We invite you not only to like our page, but to take it a step further — invite your friends to the page to engage and interact with the posts on Facebook. And give feedback on how we can share the great things CentraCare Foundation is doing for our community, our patients and their families thanks to the generous support of our employees and the community.



Contact us at 320-240-2810 or Foundation@CentraCare.com

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove®

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

1406 Sixth Avenue North
St. Cloud, MN | 56303 US

This email was sent to .

To continue receiving our emails, add us to your address book.

emma®

[Subscribe](#) to our email list.