

PATIENT EDUCATION

GI Scheduling Guide CentraCare – Plaza Surgery Center

Patient Name: _____

Provider: _____

Procedure Date: _____ Procedure Type: _____

Arrival Time: _____

Procedure location

CentraCare Plaza Surgery Center – 320-229-4997

Address: 1900 CentraCare Circle Suite 1900

Parking: Park in the parking lot at the south end of the CentraCare Plaza.

Registration: Come to the front desk at Surgery Center to get registered for your procedure.

Procedure Questions: 320-229-4910

Registration

- You will also receive a phone call from registration, to fully register you and make your check-in process more efficient.

Scheduling

- If you need to **cancel or reschedule your appointment, please call us at 320-229-4933 and choose the scheduling options.** The Scheduling department is available Monday through Friday between 8 a.m. and 4:30 p.m.
- If you are unable to keep your appointment, we request you provide a 48-hour notice.

Pre-Procedure Phone Call

- A nurse will call 5-7 days before your procedure. They will ask questions to help get you ready for your procedure, talk about your health, and help you understand which medications you can or cannot take before the procedure.
- If you have ANY questions regarding the procedure instructions, please call the phone number listed on your appointment confirmation letter, Monday - Friday between 8 a.m. and 4:30 p.m.

Before your procedure

- Check with your insurance carrier about coverage for the procedure. The phone number is on the back of your insurance card.

Driver Information

- Arrange for an adult to drive and be with you for 24 hours after surgery. Not having supervision may cancel your procedure.
- You are **not allowed** to drive yourself home. You are **not allowed** to drive, take a taxi or bus, or leave the Endoscopy unit alone.
- You can take a taxi home with a **responsible adult** with you.

- If you do not have a **responsible driver** (family member or friend) with you to take you home, your procedure may be done without sedation or will be rescheduled.
- We will need someone to stay with you 24 hours after the procedure because sedation medication can affect your body, memory, and ability to make good, safe decisions.
- You will **not** be able to return to work, drive or operate machinery the day of your procedure. Do not drink alcohol or sign any legal papers for 24 hours after getting sedation.
- Before you can leave your procedure area, your vital signs should be close to normal for you.

Notes / Other instructions: