



05 Cancer Resources

- 66 Items to bring to treatment
- 67 Cancer resources

We are committed to offering you access to resources that can effectively enhance your life throughout the cancer experience.

You may want to consider bringing a bag of personal items to your cancer treatment visits that will help keep you comfortable. Here are some ideas:

- A water bottle, it's important to **KEEP HYDRATED**
- Inventory of medications you are taking
- Your schedule
- A list of questions you have for your health care provider
- A personal music player and headphones
- Reading materials such as magazines or books
- Sudoku, crossword puzzles or other quiet activities
- This oncology rehabilitation patient manual
- Comfort items such as a warm blanket, a small pillow or a neck roll
- Cozy socks, sweater or a soft hat or scarf
- Saltine crackers or other snacks
- Hard candies or mints
- Lip balm or lip gloss

Coborn Cancer Center provides this list for the convenience of cancer patients. We cannot guarantee the accuracy, completeness or usefulness of any information provided. We are not responsible for the availability or content of external services, nor do we endorse, warrant or guarantee the products, services or information described or offered by these organizations. Patients should always consult with their health care provider about any medical needs or health-related questions. If you have suggestions for adding/removing resources from this list, please contact Community Outreach for Coborn Cancer Center at [320-229-4900](tel:320-229-4900). Last updated 06/2021

Ask a family member or friend to join you to offer support and/or drive you home.