

Resources for More Car Seat Information

Car seat check up appointments:

- **St. Cloud Area Car Seat Hotline:**
Call 320-656-7021 anytime for questions and to make appointments for free car seat checks that are offered monthly.
- Find a Car Seat Check Up anywhere in Minnesota: To find one near you, enter zip code online [here](#)



Four Steps to Car Seat Safety

Rear-facing in back. Birth to 2 years old.

Installation help:

- Avoid 10 common mistakes: click [here](#)
- Buckle Up Kids brochure English: click [here](#)
- Car Seats Overview at CentraCare Health click [here](#)
- Don't Skip a Step in English click [here](#)
- How to find the right car seat: Parents Central click [here](#)
- Videos on how to install seats: SafetyBeltSafe U.S.A click [here](#)



Forward-facing in back. Until kid's height & weight reach seat upper limit. About age 2-4.



Use **booster** in back seat from age 4 until age 8 (or 4 feet 9 inches tall).



Adult seat belt. Back & bottom sit against back of seat. Feet touch the floor with knees bent.

Multiple Languages:

- Car Seat info in English, HMONG, SPANISH and SOMALI: Car Seats Made Simple click [here](#)
- Don't Skip a Step in SOMALI click [here](#)
- Don't Skip a Step in SPANISH click [here](#)
- Podcasts in English and SPANISH click [here](#)

**At every age
ALWAYS buckle up
on every trip**

Related links:

- nhtsa.gov
- safekids.org
- buckleupkids.state.mn.us